



LAKE SIDE

-LUXURY LIVING-

200 Lake Club Court • Charlottesville, VA 22902 • (434) 984-5253

JANUARY 2023



NOTES & NEWS

Manifest the Best

You've set a goal for the new year. Now what? It's time to manifest the results you want. While some descriptions of manifestations may sound a little out there, at its core, this self-help method is simply taking small steps every day to achieve your goal. Common manifestation techniques include making a vision board, practicing gratitude, journaling or meditating to focus your thoughts.

Decorate With String Lights

You may have started seeing little strings of lights year-round, instead of just during the holidays. They are the latest thing in home décor. They're an easy way to add ambience to an accent wall or around windows, doorways and mirrors. Create a focal point by running them over your headboard or along some shelves. You can even DIY new centerpieces by filling a glass bottle or jar with battery-operated fairy lights. You'll find string lights in all sorts of shapes and sizes, so grab a box and some adhesive tabs and get to jazzing up your home.

HIGHLIGHTS

OFFICE STAFF

Property Manager Adam Reeve
Asst. Property Manager Rachael Mixon
Leasing Consultant Pam Ankeney
Leasing Consultant Tashia Bowles

MAINTENANCE TEAM

Maintenance Supervisor Joe Sacre
Asst. Maint. Supervisor Chay Harris
Maint. Technician Steven Huff
Maint. Technician Colby Shriver
Groundskeeper Glenn Thacker
Groundskeeper Steven Taylor

Christmas Tree Removal

The holidays are over and it's time to take down the tree! We'll be happy to dispose of your live Christmas trees. Simply place them in the roped off area between the maintenance shop and the dog park no later than January 7th. Thanks!

Snow Removal

With winter here, please remember to park so that your bumper is not hanging over any sidewalk where snow removal may be required. Thank you for your cooperation.

Thermostat Setting

If you plan to be away from home for an extended period, set the thermostat no lower than 60° F—this will keep your pipes from freezing. Leaving cabinet doors under sinks slightly open will also be helpful!

BULLETIN BOARD

Lighter and Brighter

If gray winter days have you feeling gloomy, perk up your surroundings by using light colors and simple patterns in your décor. Simply switching out pillows and blankets in dark hues or busy designs for textiles in light, solid colors can instantly help your space feel bigger and brighter.

Brainteaser

Question: Look at my face, I am somebody. Look at my back, I am nobody. What am I?
Answer: A mirror.

Important Numbers

Leasing Office (434) 984-5253
Fax (434) 977-4637
Emergency Maintenance (434) 972-7014
service@liveatlakeside.com or
www.liveatlakeside.com
for nonemergency work orders.

Office Hours

Monday–Friday 10 a.m.–6 p.m.
Saturday 10 a.m.–3 p.m.
Sunday CLOSED

TRIVIA WHIZ



Frosty Facts About Chilly Critters

While winter weather makes some of us shudder, to these animals, the coldest season is “snow” big deal!

Snowshoe hare. This astonishing little hare, residing within North America, changes color for the seasons, wearing a white coat in the winter and a brown coat in spring and summer. Snowshoe hares are identifiable by the very tips of their ears, which always stay black, and large hind legs that keep the critters from sinking in the snow.

Snowy owl. This striking bird is always on the move. As Arctic summers are full of extreme daylight, these owls have learned to hunt during the day, as well as at night. They travel far, too; one snowy owl, tracked in 2012, made a 7,000-mile round trip through Massachusetts and the Arctic.

Snow monkey. Also known as the Japanese macaque, these monkeys live on three of the four main Japanese islands. The primates located in the colder areas often bathe in thermal springs heated by volcanoes. They also make snowballs, just for fun!

Snow leopard. At home in the Himalayas and other mountain ranges of Asia, snow leopards are solitary and elusive, earning them the nickname “ghosts of the mountains.” The cat stays cozy by wrapping its long tail around its body like a blanket.

Arctic ground squirrel. This is the only ground squirrel that dwells in the northernmost regions of Russia and North America. These mammals hibernate for seven to eight months and have a rare way of doing it: Their body temperature drops below freezing, and they can spend 12 to 15 hours shivering in their sleep to stay warm.



Inspire Your Creativity in the New Year

Are you stuck in a creative rut? Or maybe you are just beginning your creative journey and you don't know where to start. Don't fret! The good news is that creativity is more of a learned skill than a born talent. This means you can boost your creativity and improve your craft.

Make time for creative thinking. Our lives can get busy, but frazzled brains and packed schedules don't lend themselves to a creative flow. Steven Kotler, an author and expert

on human performance, suggests scheduling regular “non-time,” which is essentially time that is your own. To get creative in this non-time, allow yourself to daydream, brainstorm or journal. Reward your curiosity; follow that thought down the rabbit hole without worrying about wasting time.

Get happy! When you are in a good mood, your brain is more sensitive to out-of-the-box thinking, meaning you are more open to fresh ideas and creative solutions. Building your confidence will also aid in your artistic journey, helping you overcome the fear of failure when exploring new creative outlets.

Just get started. Creativity can stem from creativity: Pick up an instrument and begin learning; grab a canvas and draw or paint freely; sling that camera strap over your head and take a walk outside. Even exercising or playing chess can improve creativity levels.

In Style With Argyle

You have most likely seen argyle socks or sweaters while watching golf, or maybe on a cyclist or soccer player. With overlapping diamond shapes and intersecting lines that help create texture, movement and a 3D effect, argyle is a dynamic design that has stood the test of time.

Argyle originated with the tartan pattern of Clan Campbell, a Highland clan from the county Argyll in western Scotland. The design has been worn on kilts and socks since the 17th century. In the early 1900s, knitwear company Pringle of Scotland developed their signature argyle pattern, the basis of many modern argyle motifs.

Following World War I, argyle's popularity soared thanks to Edward, the Prince of Wales, a fashionable trendsetter who often sported the pattern on his socks and jersey while golfing.

In the 1990s, champion golfer Payne Stewart was known for his flashy outfits and argyle socks. So far, the 21st century has seen the design woven into the uniforms of several sports teams and worn by celebs as a nod to all things '90s.

Celebrate Argyle Day on Jan. 8 by wearing the pattern on a sweater, skirt, necktie or pair of socks. If you're feeling creative, you could even host an argyle-knitting party or bake a dessert and decorate it with an argyle pattern using frosting or fondant.





WIT & WISDOM



Solutions for Cluttered Surfaces

In many homes, flat surfaces are magnets for clutter. Keep your space clean and comfortable with these tips:

Keeping surfaces tidy starts with a simple rule: Don't put it down; put it away. Clutter often accumulates because things don't have a proper place. Before setting an item on a surface, ask yourself where you would go looking for it if you suddenly needed it. Then, go put it in that spot.

A major source of tabletop clutter is unloading items when you arrive home. Instead of dropping bags to the floor or stacking mail on the counter, change your routine. Use hooks to hang keys, bags and jackets as soon as you walk in the door. Sort mail immediately, filing what needs to be kept and tossing or recycling the rest.

Kitchen and bathroom counters can easily become overcrowded. Only leave out the stuff you use daily, and store other items in cabinets, on shelves or on hooks.

Trays and baskets are attractive solutions to storing loose items, but they can quickly fill to overflowing if they're used as catchall containers. If objects in the container can go somewhere else, do that instead. Assign only certain things to a specific tray or basket so they stay organized, not just a tabletop version of a junk drawer.

Once a surface is decluttered, try your best to keep it that way by doing a quick cleanup every day or once a week.

Onion, Mushroom and Bacon Pierogies

Craving comfort food on a cold winter's day? Whip up these savory dumplings.

Ingredients:

- 4 strips bacon, chopped
- 3 small onions, thinly sliced
- 1/3 cup cremini mushrooms, thinly sliced
- 2 teaspoons fresh thyme
- 1 tablespoon balsamic vinegar
- 1 tablespoon sugar
- 1/2 teaspoon salt
- 2 tablespoons butter
- 1 package frozen cheddar pierogies
- Sour cream, for serving

Directions:

Cook the chopped bacon over medium-high heat until tips begin to crisp.

With bacon and drippings still in pan, add onions, mushrooms, thyme, balsamic vinegar, sugar and salt. Cook for 2 to 3 minutes until onions begin to brown. Reduce heat to medium-low and simmer, covered, for 10 to 15 minutes, stirring occasionally. Set aside.

Melt butter in a clean skillet and sauté pierogies according to the package directions.

Top pierogies with caramelized onion mixture. Serve with sour cream.

Find more recipes at MrsTsPierogies.com.



"I don't need a big house ... just a cozy one."

—**Brooke Lea Foster**

"Words of comfort, skillfully administered, are the oldest therapy known to man."

—**Louis Nizer**

"There's a different kind of comfort that comes from knowing that you are putting your best foot forward."

—**Tom Ford**

"Oh, the comfort—the inexpressible comfort of feeling safe with a person—having neither to weigh thoughts nor measure words, but pouring them all right out, just as they are."

—**Dinah Maria Mulock Craik**

"All food is comfort food. Maybe I just like to chew."

—**Lewis Black**

"There is a comfort in rituals, and rituals provide a framework for stability when you are trying to find answers."

—**Deborah Norville**

"Songs don't wear out. Good songs are good now. If they were a comfort during those hard times in the past, they'll be a comfort in today's age."

—**Levon Helm**

"I'm a big believer in small, dark, cozy bedrooms ... I need the enveloping comfort of a little squirrel's nest when I have to retreat from the world to recharge."



—**Michael Bastian**

"There is no happiness like that of being loved by your fellow-creatures, and feeling that your presence is an addition to their comfort."

—**Charlotte Bronte**



January 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
New Year's Day Rent Is Due	New Year's Day (Observed)	Coffee and Conversation Every Tuesday 10-11 a.m.		Don't Miss It! Last Day to Pay Rent Before Late Fees Begin!	10% Late Fee for Unpaid Balance	
		Coffee and Conversation Every Tuesday 10-11 a.m.				
	Martin Luther King Jr. Day	Coffee and Conversation Every Tuesday 10-11 a.m.				
		Coffee and Conversation Every Tuesday 10-11 a.m.				
		Coffee and Conversation Every Tuesday 10-11 a.m.	<i>January</i>			

SUDOKU

Sudoku requires no arithmetic skills.

The object of the game is to fill all the blank squares with the correct numbers.

Each row of 9 numbers must include all digits 1 through 9 in any order.

Each column of 9 numbers must include all digits 1 through 9 in any order.

Each 3 by 3 subsection of the 9 by 9 square must include all digits 1 through 9.

Solution

5	8	9	1	6	7	2	8	2
1	2	8	2	8	5	6	7	9
7	6	2	9	2	8	1	8	5
9	7	2	8	5	1	8	2	6
8	1	8	2	2	6	9	5	7
6	2	5	8	7	9	8	1	2
2	8	6	5	1	2	7	9	8
2	9	7	6	8	8	5	2	1
8	5	1	7	9	2	2	6	8

8		2						3
		5		8	9	4		
3				1			8	7
	1			4	8			
		6				3		
			1	5			4	
5	3			7				4
			9	5	3		8	
2							6	