



LAKE SIDE

-LUXURY LIVING-

200 Lake Club Court • Charlottesville, VA 22902 • (434) 984-5253

APRIL 2023



NOTES & NEWS

Indoor Spring Décor

You don't need a green thumb to bring the benefits of nature inside your home. Botanical-themed décor can have the same energizing effect as live greenery. Start with something simple for the season: Frame a springy print or an empty seed packet for some instant art. Choosing a larger frame with a mat can elevate the look even more.

Happy Easter

Our staff would like to take this opportunity to say happy Easter to our residents who celebrate this holiday. Enjoy the day.

Spring Break Lookout

It's spring break time! Please drive slowly on the property and be on the lookout for kids crossing streets and parking lots. Parents, please remind your children not to play around vehicles and areas with heavy traffic. If you're heading out of town, have a neighbor pick up your newspapers and mail, or have your deliveries stopped. Whatever your plans are, we hope you enjoy your time off!

HIGHLIGHTS

OFFICE STAFF

Property Manager Adam Reeve
Asst. Property Manager Rachael Mixon
Leasing Consultant Pam Ankeney
Leasing Consultant Tashia Bowles

MAINTENANCE TEAM

Maintenance Supervisor Joe Sacre
Asst. Maint. Supervisor Chay Harris
Maint. Technician Steven Huff
Maint. Technician Colby Shriver
Groundskeeper Glenn Thacker
Groundskeeper Steven Taylor

\$\$\$ Resident Referrals \$\$\$

Did you know you can get a \$250 rent credit just by referring other members of the community to live here at Lakeside? You already talk about Lakeside with friends, family, and your coworkers, so why not make some money for doing it? Each referral you make will need to sign at least a 6-month lease and list you as their referral source upon first contact with the Lakeside leasing office. Once they've lived here for a month, we'll send you the rent credit. Boom - easy money!

An Eggs-cellent Snack

Hard-boiled eggs make good grab-and-go snacks to have on hand. Portable and perfectly portioned, an egg will fill you up with 6 grams of protein, which also helps fuel your muscles. And your brain will benefit from its rich supply of the nutrient choline, found in the yolk.

BULLETIN BOARD

Plant Seeds of Kindness

"We are on Earth to take care of life. We are on Earth to take care of each other." —Xiye Bastida

Journal Prompt: Emotions

Emotions are healthy, but sometimes they can be overwhelming or confusing. Writing down how we feel helps make sense of all that goes on in our heads. Journal about your emotions today. Whether you're feeling happy or sad, describe your reasons.

Important Numbers

Leasing Office (434) 984-5253
Fax (434) 977-4637
Emergency Maintenance (434) 972-7014

service@liveatlakeside.com or
www.liveatlakeside.com
for nonemergency work orders.

Office Hours

Monday–Friday 10 a.m.–6 p.m.
Saturday 10 a.m.–3 p.m.
Sunday CLOSED

TRIVIA WHIZ



Animal Cracker Fun

Crispy, sweet and fun to eat, animal crackers have been a classic snack since England introduced them to the U.S. in the 19th century. In honor of National Animal Cracker Day on April 18, hike through this jungle of fun facts:

- Animal crackers were originally only sold in bulk containers called “cracker barrels.”
- Snack brand Nabisco introduced the now-familiar box-shaped carton of animal crackers in 1902, selling them for a whopping 5 cents. Due to the popularity of the circus, they named the product “Barnum’s Animals.”
- Among the various brands that make animal crackers, more than 50 different animals have been featured over the years. The only critters that have stayed steadily in production are bears, elephants, lions and tigers.
- The koala is the most recent animal shape added to Barnum’s Animals. In a contest celebrating the brand’s 100th anniversary, the marsupial took the prize over a penguin, walrus or cobra.
- Performed by Shirley Temple in the 1935 movie “Curly Top,” the song “Animal Crackers in My Soup” has been used in many advertisements.
- A single bushel of wheat can make about 245 boxes of Barnum’s Animals.
- Can you guess which cracker is the only animal with clothing? It’s the monkey, who wears a pair of pants.
- Nabisco changed the design on their famous box in 2018. After nearly 116 years of riding on a circus train, Barnum’s Animals are now shown roaming in nature.

Choose an Eco Challenge

Earth Day occurs every year on April 22. “Going green” for just one day is a great start toward improving your environmental footprint, but adding earth-friendly activities to your normal routine is even better. Kick-start your journey with one of these fun challenges:

Apply the three R’s. Reduce, reuse and recycle. It can be easier than you think: Place a recycling bin next to your trash can for easy access; carry reusable bags when shopping; buy secondhand at thrift stores or garage sales; reduce food waste by turning veggie scraps into broth; and save water by taking shorter showers.

Observe meatless Mondays. Livestock is a surprising factor in carbon emissions, but reducing the amount of meat you eat can help. Try making meatless meals on Mondays—or any day of the week!—and find a balance of plant-based and

meat-filled meals that work for you.

Buy sustainable goods. Be conscious when buying clothing, coffee, cutlery and more. Look for items marked “fair trade,” which indicates they were made via the sustainable use of resources and safe working conditions.

Go plogging. Plogging is simply picking up litter while jogging or walking. It’s good for you and the environment! Be sure to wear gloves or use a pickup tool for protection.



Common Kitchen Swaps To Save Money

When you run out of an ingredient, only need a little for a recipe or are simply trying to save money at the grocery store, it’s helpful to know which foods can be swapped for another. Here are some common substitutions:

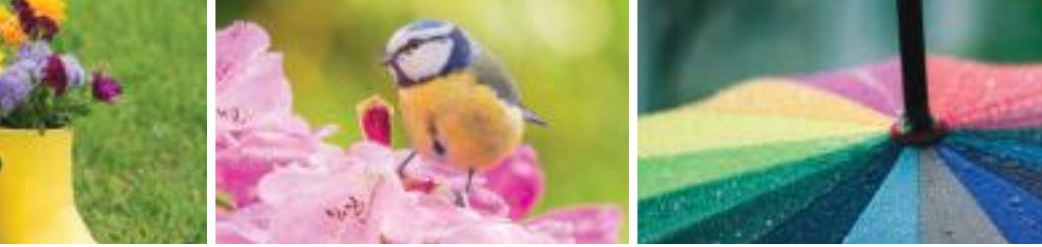
Eggs. Lots of things can stand in for eggs when mixing up batter for muffins, cakes and other baked goods, including applesauce, mayonnaise, yogurt, and mashed banana or avocado. Or maybe you want

scrambled eggs? Cooking crumbled tofu can result in a similar taste and texture.

Ground beef. Beans, lentils and mushrooms are often used to stretch ground beef in a recipe, or you can even omit the meat entirely. For the right texture, mash cooked beans and lentils with a fork—canned versions are quick, but cooking a batch of dry legumes is more budget-friendly—or dice raw mushrooms and sauté until soft.

Butter. When baking, many of the egg substitutes work for butter, too. Other options include vegetable oil, coconut oil and nut butters.

Lemons. Many recipes call for fresh lemon juice or zest. But using bottled lemon juice will save you time and money without skimping on flavor. Other citrus juices will also work, and for sauces or dressings, a splash of vinegar provides the acidic zing you need.



Marbles Keep on Rolling

When you hear the word “marbles,” do you have nostalgic memories of playground games? Or maybe you or someone you know has a vast collection of the colorful orbs. No matter what comes to mind, marbles have been around for a very long time, yet continue to entertain.

People have been playing with marbles as far back as 2500 B.C., based on the discovery of small spherical stones at an excavation site in modern-day Pakistan. However, it wasn't until 16th-century Germany that the playful objects were given the name marbles. That's when artisans were beginning to polish them from bits of marble rock.

Many marble-based games have evolved over the years. One of the most famous is Ringer, aka Ring Taw. Gameplay is similar to billiards: 49 target marbles are placed within a large ring on the ground. Teams of six players have a slightly larger “shooter” marble, which is used to knock the rest of the marbles out of the ring. The first team to knock out 25 target marbles wins.

Legend says Ringer began in 1588 when two young suitors from Tinsley Green, England, used the game to win the hand of a milk maiden. The contest was revived in 1932; now known as the British and World Marbles Championship, it welcomes players from all over the globe to Tinsley Green every spring for some good old-fashioned fun and competition.

Carrot Cake

Ingredients:

- 2 1/4 cups flour
- 1 teaspoon baking soda
- 1/2 teaspoon salt
- 1 teaspoon cinnamon
- 1/2 teaspoon baking powder
- 1 cup vegetable oil
- 1 1/4 cups sugar
- 3 eggs
- 1 1/2 cups carrots, shredded
- 1 cup crushed pineapple with juice
- 2/3 cup walnuts
- 1 can (16 ounces) cream cheese frosting

Directions:

Heat oven to 350° F.

In a large bowl, combine flour, baking soda, salt, cinnamon and baking powder.

In a separate bowl, use a mixer to cream oil and sugar together. Add eggs one at a time, followed by the carrots and pineapple, as you continue to mix.

Add dry ingredients to wet mixture and beat until smooth. Fold in the walnuts.

Pour batter into two greased 8-inch round cake pans and bake 25 to 30 minutes. Allow cakes to cool completely, then remove from pans and slice off the tops to make them level.

Spread frosting over the top of one cake and stack the second cake on top. Frost the entire cake with the remaining frosting.

*Find more recipes at
Culinary.net.*



“The sky is always beautiful. Even when it's dark or rainy or cloudy, it's still beautiful to look at ... and it'll be there no matter what.”

—**Colleen Hoover**

“Trees are poems that the earth writes upon the sky.”

—**Kahlil Gibran**

“The sky takes on shades of orange during sunrise and sunset, the color that gives you hope that the sun will set only to rise again.”

—**Ram Charan**

“I believe that if one always looked at the skies, one would end up with wings.”

—**Gustave Flaubert**

“Look at your feet. You are standing in the sky. When we think of the sky, we tend to look up, but the sky actually begins at the earth.”

—**Diane Ackerman**

“I like the sky. You can look at it forever and never get tired of it, and when you don't want to look at it anymore, you stop.”

—**Haruki Murakami**

“Rain is grace; rain is the sky descending to the earth; without rain, there would be no life.”

—**John Updike**

“Every time I see the sunshine in the bright blue sky, I cannot help but think how blessed I really am to see another day.”

—**Donna Karan**

“We touch the sky, not to soar above the clouds, but to show respect to the earth beneath our feet.”

—**Anthony T. Hincks**



April 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<i>April</i>						1 Rent Is Due
2	3	4 Coffee and Conversation Every Tuesday 10-11 a.m.	5 Don't Miss It! Last Day to Pay Rent Before Late Fees Begin!	6 10% Late Fee for Unpaid Balance	7	8
9	10 	11 Coffee and Conversation Every Tuesday 10-11 a.m.	12	13	14	15
16	17	18 Coffee and Conversation Every Tuesday 10-11 a.m.	19	20	21 	22
23/30	24	25 Coffee and Conversation Every Tuesday 10-11 a.m.	26	27	28	29

April Word Search

- | | |
|-------------|----------|
| April Fools | Poetry |
| Arbor Day | Rainbow |
| Butterfly | Recycle |
| Clouds | Reduce |
| Daffodil | Reuse |
| Earth Day | Showers |
| Meadow | Tulips |
| Mist | Umbrella |

S L O O F L I R P A K E B L C
 M H V B U T T E R F L Y D R L
 E E O F T U P B V C T A E L O
 H K W W L O O C Y S F D W O U
 G J B I E R J C I F U H O M D
 A F P T D R E M O C P T B P S
 P S R A Z R S D E Q P R N L E
 K Y Y J O Y I S O A E A I G J
 D H J V S L U M C L D E A Q W
 V K O J V E E D L O C O R P A
 W R C E R C J A O S O X W Z E