



# LAKE SIDE

-LUXURY LIVING-

200 Lake Club Court • Charlottesville, VA 22902 • (434) 984-5253

## JUNE 2023



## BULLETIN BOARD

### Pen Pal Power

While the invention of the internet has almost made handwritten letters a thing of the past, pen pals can still do a lot of good in your life. A pen pal is someone who you regularly exchange letters with—maybe an old friend you rarely see or even a stranger. Writing to a pen pal can ward off loneliness, help you discover new passions or perspectives, and enhance cognitive and social skills.

## NOTES & NEWS

### Summer's Bounty

June has arrived, which means summer gardens are beginning to produce their bounty! This month is an ideal time to visit farmers' markets and check out seasonal displays at grocery stores for fresh selections of fruits and veggies.

### Jet-Setters and 'Set-Jettors'

If you've ever been inspired to visit a location after seeing it on TV or in a movie, then the latest travel trend is for you. Nearly two-thirds of vacationers say they chose a destination based on a favorite show. Industry experts have nicknamed the trend "set-jetting," a play on the term "jet-setting."

### Tasty Tzatziki

Cool and refreshing, the Mediterranean dip called tzatziki is especially pleasant during hot weather. Made from Greek yogurt, cucumber and herbs such as dill and mint, it's tasty served with fresh vegetables, bread and crackers. Or try it on sandwiches, as salad dressing, on baked potatoes or as a tartar sauce substitute for fish.

## HIGHLIGHTS

### OFFICE STAFF

Property Manager ..... Adam Reeve  
Asst. Property Manager ..... Tashia Bowles  
Leasing Consultant ..... Pam Ankeney  
Leasing Consultant ..... Jordan Martin

### MAINTENANCE TEAM

Maintenance Supervisor ..... Joe Sacre  
Asst. Maint. Supervisor ..... Chay Harris  
Maint. Technician ..... Steven Huff  
Maint. Technician ..... Colby Shriver  
Groundskeeper ..... Glenn Thacker  
Groundskeeper ..... Steven Taylor

### Calming Water

Sitting on a beach and gazing at gently rolling waves puts some folks in a state of bliss, but you don't have to visit an ocean to reap the calming effects of water. Studies show that being near a pool, lake or river, or simply visualizing a peaceful water scene, can help you relax.

### A Cool Wrap

Planning a picnic, or need to keep frozen foods from thawing out on the way home from the grocery store on a warm day? Wrap items you want to stay cool in some plastic bubble wrap. Sandwiches, cans of soda and even ice pops and ice cream will stay chilled when wrapped in the insulating packing material.

Happy Summer!

### Important Numbers

Leasing Office ..... (434) 984-5253  
Fax ..... (434) 977-4637  
Emergency Maintenance ..... (434) 972-7014

[service@liveatlakeside.com](mailto:service@liveatlakeside.com) or  
[www.liveatlakeside.com](http://www.liveatlakeside.com)  
for nonemergency work orders.

### Office Hours

Monday–Friday ..... 10 a.m.–6 p.m.  
Saturday ..... 10 a.m.–3 p.m.  
Sunday ..... CLOSED

# TRIVIA WHIZ

## Flying Flag Facts

You probably see flags every day—from a sports team flag waving on a car to bright plastic flags marking utility lines in a construction zone. However, the most common type of flags are national flags. We celebrate the American flag on June 14, but Old Glory is in good company when it comes to interesting flag facts:

- An expert on flags is called a vexillologist.
- The current U.S. flag was designed by 17-year-old Robert G. Heft for a school project. He originally got a B- on the assignment, but it was raised to an A when President Eisenhower chose his design.
- Only one nation's flag isn't rectangular or square: Nepal. Representing the Himalayas, the country's flag is shaped like two stacked triangles and features a sun and moon.
- The color purple is found on the flags of only three nations: Dominica, El Salvador and Nicaragua.
- The oldest flag still in use belongs to Denmark! The simple red flag with a white Nordic cross was introduced in 1219 and adopted as the national flag in 1625.
- The Central American country of Belize has the most colors on their flag, with 12.
- When the Philippines is at peace, the blue stripe on their bicolor flag flies at the top, but when they are at war, the red stripe faces up instead.
- The Welsh flag has a large red dragon on it that personifies the fearlessness of their nation.

**“A thoughtful mind, when it sees a nation's flag, sees not the flag, but the nation itself.”**  
—Henry Ward Beecher



## Fun With Summer Reading

You may have fond memories of summer reading programs, which awarded prizes for finishing a reading goal. But you don't have to be a kid to benefit from summer reading challenges. Reading not only promotes lifelong learning, but it can also provide an escape from stress and anxiety. Your goal can be as simple as reading a certain number of books over the summer, exploring a

new-to-you genre or author, or reading for a set amount of time every day.

Find motivation for your reading goals by starting a journal and reviewing every book read; you can also post your reviews to social media. If you're crafty, make miniature versions of your finished books and add them to a jar for a physical representation of your completed goals. Kid-friendly ideas include tracking books read with a coloring page, giving small treats for every goal met, or quirky challenges like reading with a flashlight or to a stuffed animal. For added excitement, compete with friends or family members to see who can reach their goal first.

Many libraries offer summer reading challenges for all ages, and you can find lots of suggested book lists online. Bookstore and publisher websites are good places to look, too. Seek out the possibilities and settle in for a summer of reading adventures!

## An Appetizer for the Masses

Are you looking for an appetizer that requires zero culinary skills and can please any crowd? A charcuterie board might be just what you need.

These scrumptious snack boards have gained popularity in recent years because they are completely customizable and flexible. You can adjust the featured foods based on price range, dietary restrictions or number of guests.

For the most satisfying board, go for variety. Grain crackers, water crackers and thin slices of toasted baguettes make good dippers. Choose several types of cheese—hard and soft, sharp and mild, flavored with herbs or fruits, or from different dairy sources—to please multiple palates and provide tasty texture. Create an impressive presentation by cutting hard cheeses into cubes, triangles, slices or fun shapes (use a cookie cutter!).

Pick deli meats like salami, ham and prosciutto, and fold, layer or twist slices for easy serving and added dimension. Other common additions include nuts, fruits and vegetables, spreads and dips, pickles and olives.

To assemble your board, begin with the platter. A wood or stone slab keeps foods cool; a cutting board or pizza peel works well. Next, place round dishes full of spreads, dips and pickled items. Arrange the cheeses, meats and crackers around the dishes, and finally, fill in the spaces with other goodies.





## WIT & WISDOM



### Guess the Mascot

Fictional beings, real people and animals are often used to enliven a crowd, bring good luck or spearhead a brand. Show some pep and see if you can identify these famous mascots.

1. This symbol is the furry face for Frosted Flakes, known for the slogan "They're gr-r-reat!"
2. A New York icon, which sports mascot looks like a man with a baseball head?
3. Wheel-y one of the first true brand mascots, this guy is made of a pile of white tires.
4. As the real-life founder of food chain KFC, this mascot knows the secret to success.
5. What animals slid onto the scene in 1993 to sell fizzy, frosty Coca-Cola?
6. This bubbly, beehived character has been in over 100 advertisements for Progressive Insurance.
7. A green, furry creature known for his wild antics, this fan favorite is one of the few mascots on display at the National Baseball Hall of Fame and Museum.
8. What food chain figure is depicted as a redhead with pigtails?
9. This pink battery mascot leads his drum-beating dynasty with boundless energy.
10. Watch out! This howling NFL animal has been known to tackle fans on the field.

(Answers: 1. Tony the Tiger; 2. Mr. Met; 3. The Michelin Man; 4. Colonel Sanders; 5. Polar bears; 6. Flo; 7. Phillie Phanatic; 8. Wendy; 9. The Energizer Bunny; 10. K.C. Wolf)

### Baked Lemon Doughnuts

These homemade doughnuts will have you living your zest life!

#### Doughnut Ingredients:

- 2 cups flour
- 3/4 cup sugar
- 2 teaspoons baking powder
- 1 teaspoon salt
- 3/4 cup buttermilk
- 2 eggs
- 2 tablespoons butter, melted
- 2 teaspoons lemon juice
- 1/2 teaspoon vanilla extract
- 1 teaspoon lemon zest

#### Topping Ingredients:

- 1/2 cup sugar
- 1 teaspoon lemon zest
- 1/2 cup butter, melted

#### Directions:

Heat oven to 350° F.

In a large bowl, whisk together flour, 3/4 cup sugar, baking powder and salt. Add buttermilk, eggs, 2 tablespoons melted butter, lemon juice, vanilla extract and 1 teaspoon lemon zest. Stir until combined.

Pipe batter into doughnut pan. Bake 9 minutes, and cool on wire rack.

In a bowl, combine 1/2 cup sugar with 1 teaspoon lemon zest. Place 1/2 cup melted butter in a separate bowl.

Dip each doughnut facedown in melted butter, then in lemon sugar mixture. Repeat with all doughnuts.

*Find more recipes at*  
Culinary.net.



"I wanted a summer filled with porch swings, lemonade and fireflies."

—*Tiffany King*

"It's not what happens to you, but how you handle it. If life gives you lemons, make lemonade. If the lemons are rotten, take out the seeds and plant them in order to grow new lemons."

—*Louise Hay*

"The lemon is the symbol of tart refreshment; its color and fragrance lift our spirits before we even taste it."

—*Lori Longbotham*

"In all my work, I try to say 'You may be given a load of sour lemons; why not try to make a dozen lemon meringue pies?'"

—*Maya Angelou*

"If I were really smart, I'd probably spend more time just sitting in the shade drinking lemonade."

—*Brian Andreas*

"If life wanted to hand me lemons, I was not only going to make lemonade, but I'd use the zest for cookies, plant seeds for future fruit and turn the rind into compost to grow flowers, all the while giving thanks for lemons."

—*Bridgette Mongeon*

"Fifty lemons are a load for one person, but for fifty persons they are perfume."

—*Ethiopian proverb*

"You can either see your life as filled with sour lemons that make your eyes water or filled with zest and energy of the refreshing juice that awakens your taste buds—how you see life is your choice."

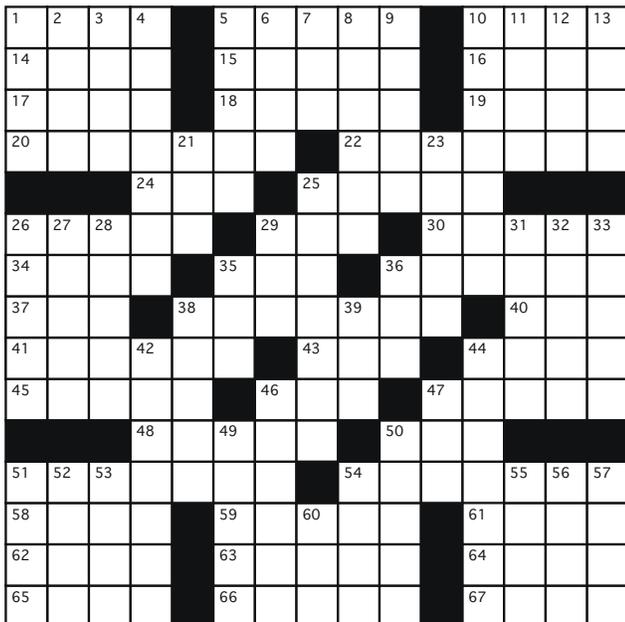
—*Tanja Christine Jaeger*



# June 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <h1>June</h1>				1 Rent Is Due	2	3
4	5 Don't Miss It! Last Day to Pay Rent Before Late Fees Begin!	6 10% Late Fee for Unpaid Balance Coffee and Conversation Every Tuesday 10-11 a.m.	7	8	9 	10
11	12	13 Coffee and Conversation Every Tuesday 10-11 a.m.	14	15	16	17
18 Happy Father's Day!	19 <b>Juneteenth</b>	20 Coffee and Conversation Every Tuesday 10-11 a.m.	21 	22	23	24
25	26	27 Coffee and Conversation Every Tuesday 10-11 a.m.	28	29	30	

## Crossword Puzzle



### ACROSS

1. Sheltered nook
5. Orr's scores
10. South African fox
14. Adam's boy
15. Of birds
16. Little girl's toy
17. \_\_\_ fide
18. West Indies dance
19. Twofold
20. Unmoving
22. Watch
24. Charged particle
25. Firebug's crime
26. Distribute
29. Means of transportation
30. Thoughts
34. Timely blessing
35. Chaplin's accessory
36. Mars, for one
37. Jackie's second
38. Secures with a rope
44. Canal built in 1825
43. Cheer
45. Follow
46. Chest covering
47. Part of a cake
48. Pintail ducks
50. Polite person's word
51. Floating wreckage

54. Furniture wheels
58. Overhanging edge
59. Becomes furious
61. Weather forecast
62. Bleachers level
63. Appoints
64. This: Sp.
65. Goofs
66. Weather forecast
67. Have to have

### DOWN

1. Items hailed
2. Musical instrument
3. Opening
4. Great happiness
5. 2nd-century Greek physician
6. Ancient Roman poet
7. Purpose
8. Works
9. Haughty ones
10. Supplemental lists
11. Word with puss or ball
12. Pole, for one
13. She: Fr.
21. Piece of land
23. Dirties
25. Kipling and Dickens
26. Lower in rank
27. Navigation system
28. Pork cuts
29. Night flier

31. Gate
32. Eagle's nest
33. Beef source
35. That woman
36. Prefix for paid or occupied
38. Abounds
39. Guido's high note
42. Short housecoats
44. Made of clay
46. Lament
47. Fleur-de-\_\_\_
49. Deserves
50. Disrespectful
51. Celebration
52. Wild animal's home
53. Finished
54. Group of workers
55. Let up
56. Ceremony
57. Toboggan
60. I love: Lat.

