



LAKE SIDE

-LUXURY LIVING-

200 Lake Club Court • Charlottesville, VA 22902 • (434) 984-5253

MAY 2025



NOTES & NEWS

Happy Mother's Day!

"A mother's love for her child is like nothing else in the world."—*Agatha Christie*
Mother's Day is set aside to honor and celebrate mothers, grandmothers and mothers-to-be. Shower the special women in your life with love, hugs and maybe a card or a beautiful bouquet! From all of us, we wish all the moms who call our community home a very happy Mother's Day!

Salute America's Military

In May, America observes Armed Forces Day, Memorial Day, National Military Appreciation Month and Military Spouse Appreciation Day. Take the time this month to honor the men and women in uniform, past and present, and their families.

A Hero

"I think of a hero as someone who understands the degree of responsibility that comes with his freedom." —Bob Dylan

BULLETIN BOARD

A Good Night's Sleep

For many, the challenge of getting a good night's sleep doesn't lie in falling asleep; it's staying asleep that's the problem. If you find yourself waking up alert far too early, consider the 4-7-8 deep breathing technique to relax back into the zzzs you need. Inhale through the nose for four seconds; hold that inhale for seven seconds; and then exhale through the mouth for eight seconds.

HIGHLIGHTS

OFFICE STAFF

Property Manager Adam Reeve
Asst. Property Manager Tashia Bowles
Leasing Consultant Jordan Martin
Leasing Consultant Carrington Frazier

MAINTENANCE TEAM

Maintenance Supervisor Joe Sacre
Asst. Maint. Supervisor Chay Harris
Maint. Technician CJ Anderson

In Season

Incorporating fruits and vegetables into your diet is important, and in-season produce is your best bet for fresh and delicious picks. Now that the weather is warming, it's time to enjoy asparagus, peas, radishes, fiddleheads, artichokes and morel mushrooms. Springtime fruits include mangos, pineapples, strawberries, apricots, kiwis and cherries.

Pet Pickup

As warmer weather heads our way and more of our residents head outdoors, we want to remind our pet owners that pets must be on leashes at all times when outside your home and that you are responsible for picking up after them. Thanks!

This May, be on the lookout for a fun scavenger hunt throughout the community!
(Details coming soon)

Important Numbers

Leasing Office (434) 984-5253
Fax (434) 977-4637
Emergency Maintenance (434) 972-7014

service@liveatlakeside.com or
www.liveatlakeside.com
for nonemergency work orders.

Office Hours

Monday–Friday 10 a.m.–6 p.m.
Saturday 10 a.m.–3 p.m.
Sunday CLOSED

TRIVIA WHIZ



Moms in the Movies

Some memorable mothers have made their marks on the movie screen. This Mother's Day, celebrate the maternal instinct found in the following characters.

Maria Portokalos. At the head of the overbearing yet lovable family in "My Big Fat Greek Wedding" is this feisty mother (Lainie Kazan), who supports her children with love, advice and fabulous cooking.

M'Lynn Eatenton. Sally Field earned a Golden Globe nomination for her emotional portrayal of this Southern mama, whose devotion to her grown daughter is a central theme of the beloved film "Steel Magnolias."

Elastigirl. Voiced by Holly Hunter, this flexible crime-fighting mom has to deal with three kids who have superpowers of their own. But villains don't stand a chance against the matriarch of "The Incredibles."

Tanya Anderson. In "Akeelah and the Bee," Angela Bassett plays a widowed mother who isn't very impressed with her daughter's desire to compete in a regional spelling bee. Tanya changes her tune even as Akeelah begins to lose motivation, and she supports and encourages Akeelah, who goes on to win the National Spelling Bee.

Rebecca Morgan. In the 1972 movie "Sounder," Cicely Tyson plays the mother of a Louisiana family struggling to survive during the Depression. Tyson was nominated for an Academy Award for her role in this box office hit.

Maria von Trapp. As the von Trapp children's governess and future stepmother, Fraulein Maria (Julie Andrews) offers the young brood a comforting maternal figure and teaches them to sing in "The Sound of Music."



Get Loud with Your Financial Goals

For literally centuries, etiquette experts have agreed that it's taboo to talk about money. Until now. At least, that's what the latest trend called "loud budgeting" hopes to debunk. In the world of personal finance, the concept is gaining traction as a proactive and intentional approach to money management.

Unlike traditional budgeting, which is often private and low-profile, loud budgeting places emphasis on transparency and accountability. It involves turning down social opportunities—like a night out on the

town or a weekend getaway—when they put a strain on or conflict with your financial goals, and then sharing that's the reason you're declining.

By openly prioritizing savings over spending, loud budgeting helps individuals achieve their goals without guilt. If this sounds like something you'd like to try, here are some tips to practice what you preach:

Offer an alternative. Just because you can't commit to a \$60 steak dinner doesn't mean you can't catch up over a \$6 latte.

Spend nothing. Commit to a no-spend weekend. When you've mastered a few days, work up to a week.

Set a limit. Decide the amount you want to spend on something, then stick to it.

Loud budgeting is a step toward greater transparency, responsibility and empowerment in personal financial decisions.

Plan Your Playtime

School's out soon, but summer fun isn't just for kids. Discover the joys of the season all over again by scheduling some fun in the sun during the next few months.

Be a sport. Sign up for a community softball team, play a pickup basketball game at the park, or meet friends for a game of bocce or Frisbee golf. Go for a bike ride or hike. Enjoy America's pastime with your favorite baseball team, whether it's Little League, Minor League or Major League.

Make a splash. Hit the nearest water park to cool down with some big waves. For a more peaceful outing, choose a lake, river or pool and spend your time learning a new swimming stroke, floating and staring at the sky, or just lounging on the shore or deck with a good book and some breezy tunes.

Tour the town. Check a community calendar for special events such

as art fairs, outdoor concerts and fireworks shows. Spend a few weekends hitting farmers' markets, art galleries or antique stores.

Hang out with Mother Nature. Grab some snacks and a blanket and enjoy a picnic at your favorite park. Bring along art supplies so you can sketch or paint the scenery. To do some stargazing, pick a clear night, find a quiet spot away from city lights, and use a telescope to pick out planets and constellations.





WIT & WISDOM



Getting Spicy with Salsa

Celebrating Cinco de Mayo this month means many people will be serving up some salsa. Did you know that the word “salsa” actually means “sauce” in Spanish? Take your taste buds on a spin and get ready to dip into these different salsa varieties.

Salsa roja. The classic red salsa is made with tomatoes, chili peppers, onions, garlic and cilantro. Blended and cooked, this salsa is perfect for dipping chips or topping tacos and enchiladas.

Salsa verde. Salsa verde is a green, tomatillo-based salsa. The tomatillo is the star of salsa verde, often lending the condiment a slightly tarter flavor than its red counterpart. Salsa verde goes great with grilled meats.

Pico de gallo. Also known as salsa fresca, pico de gallo is fresh salsa that is served uncooked. Chopped tomatoes, jalapenos, onions, cilantro and lime make salsa fresca the ultimate versatile topping for many dishes. For a fancy twist, other fresh ingredients can be substituted for tomatoes, such as cucumber or pineapple, to create a different flavor combination.

Avocado salsa. Avocado salsa is almost on its way to becoming guacamole, but instead of blending the avocados, they’re left in chunks and mingled with tomatoes, onions, cilantro and lime. Avocado salsa is a creamy alternative that traditionally isn’t known for heat.

Whether you choose a mild or fiery option, salsa is more than a condiment. It’s a celebration of bold, vibrant flavors!

Meatless Cheesy Burrito Bake

Ingredients:

- 2 tablespoons canola oil
- 2 bell peppers, sliced
- 1 medium onion, sliced
- 1 teaspoon cumin
- 2 cups water
- 1 cup brown rice, uncooked
- 1 can (12 ounces) evaporated milk, divided
- 1 cup shredded cheddar cheese
- 1 can (4 ounces) diced green chiles, undrained
- 1 can (16 ounces) refried beans
- 6 wheat tortillas (8 inches)
- Salsa (optional)
- Guacamole (optional)

Directions:

Heat oven to 350°F.

In large skillet, heat canola oil. Cook peppers, onion and cumin until tender.

In saucepan, add water and brown rice. Cook 45 minutes.

In saucepan, add 1 1/4 cups evaporated milk, shredded cheese and green chilies. Cook over medium heat until cheese is melted and smooth. Stir 3/4 cheese mixture in with rice; set remaining cheese sauce aside.

In medium bowl, add refried beans and remaining evaporated milk. Microwave 3 to 4 minutes.

Lay out tortillas and layer refried bean mixture, rice mixture and pepper-onion mixture. Roll into burritos and place in baking pan. Top burritos with remaining cheese sauce. Bake 20-25 minutes.

Garnish with salsa and guacamole, if desired.

Find more recipes at Culinary.net.



“The butterfly counts not months but moments, and has time enough.”

—**Rabindranath Tagore**

“Just as the bird sings or the butterfly soars, because it is his natural characteristic, so the artist works.”

—**Alma Gluck**

“Float like a butterfly, sting like a bee.”

—**Muhammad Ali**

“Literature and butterflies are the two sweetest passions known to man.”

—**Vladimir Nabokov**

“Love is like a butterfly, a rare and gentle thing.”

—**Dolly Parton**

“I dreamed I was a butterfly, flitting around in the sky; then I awoke. Now I wonder: Am I a man who dreamt of being a butterfly, or am I a butterfly dreaming that I am a man?”

—**Zhuang Zhou**

“There is nothing in a caterpillar that tells you it’s going to be a butterfly.”

—**R. Buckminster Fuller**

“I only ask to be free. The butterflies are free.”

—**Charles Dickens**

“To catch the butterflies and the rainbows of your dream, walk alone, keep faith in yourself, focus your energy and start the adventure.”

—**Amit Ray**

“We are closer to the ants than to the butterflies. Very few people can endure much leisure.”




—**Gerald Brenan**

“When a caterpillar bursts from its cocoon and discovers it has wings, it does not sit idly, hoping to one day turn back. It flies.”

—**Kelsey Leigh Reber**



May 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <h1 style="font-size: 48px; margin: 0;">MAY</h1>				1	2	3
4	5 Don't Miss It! Last Day to Pay Rent Before Late Fees Begin!	6 10% Late Fee for Unpaid Balance	7	8	9	10
11 	12	13 Coffee and Conversation Every Tuesday 10-11 a.m.	14	15	16	17
18	19	20 Coffee and Conversation Every Tuesday 10-11 a.m.	21	22 	23	24
25	Memorial Day 26	27 Coffee and Conversation Every Tuesday 10-11 a.m.	28	29	30	31

"This Month In History"

MAY

1900: Thousands of people, including teams of scientists, gather in parts of the Southeastern U.S. to view a total solar eclipse.

1916: The Saturday Evening Post publishes its first cover that features a painting by Norman Rockwell.

1927: Aviator Charles Lindbergh successfully completes the first nonstop solo flight across the Atlantic Ocean.

1932: Comedian Jack Benny's first radio show is broadcast.

1942: The Women's Army Auxiliary Corps is created, enabling women to enlist for noncombat military duties.

1952: Originally created in Austria as a breath mint, Pez candy is sold for the first time in the U.S.

1961: Aboard the Freedom 7 space capsule, astronaut Alan Shepard is the first American to travel into space. His suborbital flight lasted 15 minutes.

1971: The NPR radio program "All Things Considered" premieres.

1991: Queen Elizabeth II becomes the first British monarch to address the U.S. Congress.

2004: At age 40, Randy Johnson of the Arizona Diamondbacks makes MLB history as the oldest pitcher to throw a perfect game.

2014: The music video "Gangnam Style," by South Korean pop star Psy, is the first video to reach 2 billion views on YouTube.

2017: "Wonder Woman" premieres in Los Angeles. The superheroine's story was the summer's highest-grossing movie.